



My name is Stacy Kinstler. I am a Physical Therapist. I graduated from Saint Louis University in 2001 with a Bachelor of Science in Exercise Science and then earned a Master of Physical Therapy degree in 2003, also from SLU. Following graduation, I worked at The Rehabilitation Institute of St. Louis for six years in acute rehabilitation. Although we treated a variety of patients, I especially enjoyed working with and primarily focusing on treating those with spinal cord injury/dysfunction and multiple sclerosis. During that experience, I became responsible for operating the outpatient wheelchair seating and positioning clinic and earned the Assistive Technology Provider (ATP) certification. In March 2009, I joined the SCI Service at the St. Louis VAMC.

I was fortunate to recognize a passion for SCI rehabilitation early in my education and fostered that interest through personal attendant jobs and specialty classes. Since becoming employed as a physical therapist, I strive to expand my expertise of this specialty area through continuing education, on-site training, and immersing myself amongst a team of excellent clinicians from whom I can learn. Realizing that veterans can live full and active lives after a spinal cord injury if they receive the appropriate tools early in their rehabilitation, I take great pride in my work and try to give each person the best opportunity for success.

I can be reached in my office (GN34) or at 314-652-4100 or 800-228-5459, ext. 6-3236